

JULY

GROUP EXCERCISE SCHEDULE



1 MONDAY 9:30AM ZUMBA [LEESA] 10:30AM POWER PUMP [JAMIE] 5:30PM ZUMBA [PENNY]	2 TUESDAY 9:30AM ZUMBA [LEESA] 5:30PM MUSCLE MADNESS [BARB]	3 WEDNESDAY 9:30AM ZUMBA [LEESA] 5:30PM LINE DANCE & CORE [AMY + ROBIN]	4 THURSDAY 9:30AM CARDIO/WTS/CORE [SCOTT + ROBIN]	5 FRIDAY 9:30AM ZUMBA [LEESA]	6 SATURDAY 9:30AM FITFORCE [SCOTT]
8 MONDAY 9:30AM CARDIOFIT [LANA] 10:30AM POWER PUMP [KELLY] 5:30PM ZUMBA [PENNY]	9 TUESDAY 9:30AM ZUMBA [LEESA] 5:30PM MUSCLE MADNESS [BARB]	10 WEDNESDAY 9:30AM ZUMBA [LEESA] 5:30PM LINE DANCE & CORE [AMY + ROBIN]	11 THURSDAY 9:30AM POWER PUMP [KELLY] 10:30AM ZUMBA [LEESA] 5:30PM 20/20/20 [BARB]	12 FRIDAY 9:30AM ZUMBA [LEESA]	13 SATURDAY 9:30AM FITFORCE [SCOTT]
15 MONDAY 9:30AM ZUMBA [LEESA] 10:30AM POWER PUMP [JAMIE] 5:30PM ZUMBA [PENNY]	16 TUESDAY 9:30AM ZUMBA [LEESA] 5:30PM MUSCLE MADNESS [BARB]	17 WEDNESDAY 9:30AM ZUMBA [LEESA] 5:30PM ZUMBA [TIA] 6:00PM WTS & CORE [ROBIN]	18 THURSDAY 9:30AM POWER PUMP [KELLY] 10:30AM ZUMBA [LEESA] 5:30PM SPIN & CORE [BARB]	19 FRIDAY 9:30AM ZUMBA [LEESA] 10:30AM WERQ [HANNAH]	20 SATURDAY 9:30AM FITFORCE [SCOTT]
22 MONDAY 9:30AM CARDIOFIT [LANA] 10:30AM POWER PUMP [JAMIE] 5:30PM ZUMBA [PENNY]	23 TUESDAY 9:30AM ZUMBA [LEESA] 5:30PM MUSCLE MADNESS [BARB]	24 WEDNESDAY 9:30AM ZUMBA [LEESA] 5:30PM ZUMBA [TIA] 6:00PM WTS & CORE [ROBIN]	25 THURSDAY 9:30AM POWER PUMP [JAMIE] 10:30AM ZUMBA [LEESA] 5:30PM 20/20/20 [BARB]	26 FRIDAY 9:30AM ZUMBA [LEESA] 10:30AM WERQ [HANNAH]	27 SATURDAY 9:30AM FITFORCE [SCOTT]
29 MONDAY 9:30AM ZUMBA [LEESA] 10:30AM POWER PUMP [JAMIE] 5:30PM ZUMBA [PENNY]	30 TUESDAY 9:30AM ZUMBA [LEESA] 5:30PM MUSCLE MADNESS [BARB]	31 WEDNESDAY 9:30AM ZUMBA [LEESA] 5:30PM ZUMBA [TIA] 6:00PM WTS & CORE [ROBIN]			

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